

Life Course Healthy Child Programme 0-19

Universal

- Health and development reviews
- Screening and physical examinations
- Immunisations
- Promotion of health and wellbeing, e.g.
 - smoking
 - diet and physical activity
 - breastfeeding and healthy weaning
 - keeping safe
 - prevention of sudden infant death
 - maintaining infant health
 - dental health

Promotion of sensitive parenting and child development

- Involvement of fathers**
 - Mental health needs assessed

Preparation and support with transition to parenthood and family relationships

Signposting to information and services

Universal plus

- Emotional and psychological problems addressed
- Promotion and extra support with breastfeeding
- Support with behaviour change (smoking, diet, keeping safe, SIDS, dental health)

Parenting support programmes, including assessment and promotion of parent-baby interaction

Promoting child development, including language

- additional support and monitoring for infants with health or developmental problems
- common Assessment Framework completed

Higher risk

- High-intensity-based intervention
- Intensive structured home visiting programmes by skilled practitioners
- Referral for specialist input
- Action to Safeguard the child
- Contribution to care package led by specialist service.

The best start
for all children

Safeguarding